

## THE INTRODUCTORY RITES

### Entrance Antiphon (Cf. Ps 90:15-16)

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

In the name of the Father, and of the Son,  
and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ,  
and the love of God,

and the communion of the Holy Spirit  
be with you all. **And with your spirit.**

### Penitential Act

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

I confess to almighty God / and to you, my  
brothers and sisters, / that I have greatly  
sinned, / in my thoughts and in my words, / in  
what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault, / through my  
most grievous fault; / therefore I ask blessed  
Mary ever-Virgin, / all the Angels and Saints, / and  
you, my brothers and sisters, / to pray for me to  
the Lord our God.

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

Amen.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

*The Gloria is not said.*

## THE LITURGY OF THE WORD

### FIRST READING (Gen 9:8-15)

A reading from the book of Genesis.

God spoke to Noah and his sons, 'See, I establish  
my Covenant with you, and with your descendants  
after you; also with every living creature to be found  
with you, birds, cattle and every wild beast with you:  
everything that came out of the ark, everything that  
lives on the earth. I establish my Covenant with  
you: no thing of flesh shall be swept away again by  
the waters of the flood. There shall be no flood to  
destroy the earth again.'

God said, 'Here is the sign of the Covenant I make  
between myself and you and every living creature  
with you for all generations: I set my bow in the

clouds and it shall be a sign of the Covenant  
between me and the earth. When I gather the  
clouds over the earth and the bow appears in the  
clouds, I will recall the Covenant between myself  
and you and every living creature of every kind. And  
so the waters shall never again become a flood to  
destroy all things of flesh.'

The word of the Lord.

Thanks be to God.

### RESPONSORIAL PSALM

(Ps 24:4-9)

**R Your ways, Lord, are faithfulness and love  
for those who keep your covenant.**

1. Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:  
for you are God my saviour. **R**

2. Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. **R**

3. The Lord is good and upright.

He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **R**

### SECOND READING

(1 Pt 3:18-22)

A reading from the first letter of St Peter.

Christ himself, innocent though he was, died once  
for sins, died for the guilty, to lead us to God. In the  
body he was put to death, in the spirit he was raised  
to life, and, in the spirit, he went to preach to the  
spirits in prison. Now it was long ago, when Noah  
was still building that ark which saved only a small  
group of eight people 'by water', and when God was  
still waiting patiently, that these spirits refused to  
believe. That water is a type of the baptism which  
saves you now, and which is not the washing off of  
physical dirt but a pledge made to God from a good  
conscience, through the resurrection of Jesus  
Christ, who has entered heaven and is at God's  
right hand, now that he has made the angels and  
Dominations and Powers his subjects.

The word of the Lord.

Thanks be to God.

### GOSPEL ACCLAMATION

(Mt 4:4)

**Praise to you, O Christ, king of eternal glory!**

**Man does not live on bread alone,  
but on every word that comes  
from the mouth of God.**

**Praise to you, O Christ, king of eternal glory!**

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## GOSPEL

(Mk 1:12-15)

The Lord be with you.

And with your spirit.



A reading from the holy Gospel  
according to Mark. **Glory to you, O Lord.**

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## Profession of Faith

(Nicene Creed)

I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including  
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

*The priest introduces the* Prayer of the Faithful.

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good,  
and the good of all his holy Church.**

## Eucharistic Prayer

The Lord be with you. **And with your spirit.**  
Lift up your hearts. **We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

## Sanctus

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.  
Hosanna in the highest.

## After the Consecration

The mystery of faith.  
When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.

## THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven, ...**  
Deliver us, Lord, we pray, from every evil, ...  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**  
**Lamb of God, you take away the sins ...**  
Behold the Lamb of God, ...  
**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

## Communion Antiphon (Mt 4:4)

One does not live by bread alone,  
but by every word that comes forth  
from the mouth of God.